

# Strike Rotation Readiness and Workload Log - Communicate as a Team

Strike Rotation | Communicate as a Team | Asset ID CRIC-07-08-07

**Purpose:** This original printable readiness and workload log helps players, coaches, clubs, schools and families work with strike rotation while pursuing one defined outcome: make calls and feedback short, early and respectful. Its method is to warm up progressively, stop for warning signs and seek qualified help when needed. Use the pages as a working record, not as a substitute for current competition rules, safe facilities, suitable equipment and qualified coaching or health guidance where those are needed.

## Resource Map

The subject focus is to turn controlled contact and partner awareness into lower-risk singles. The six working areas below define the scope for this specific resource. Complete only the rows that matter to the present practice block, and date any observation that may change.

| # | Working area              | Current evidence                | Next check |
|---|---------------------------|---------------------------------|------------|
| 1 | Soft-Gap Choice           | Known / estimated / not checked | _____      |
| 2 | First-Call Responsibility | Known / estimated / not checked | _____      |
| 3 | Backing Up                | Known / estimated / not checked | _____      |
| 4 | Turning Technique         | Known / estimated / not checked | _____      |
| 5 | Fielder Awareness         | Known / estimated / not checked | _____      |
| 6 | Abort Decision            | Known / estimated / not checked | _____      |

## Continuity Starting Brief

- Mark: Which evidence separates turning technique from fielder awareness in this case? Mark a checkpoint that another person can recognise.
- Preserve: How does abort decision change the interpretation of soft-gap choice? Preserve the context needed to interpret later work.
- Advance: What boundary on first-call responsibility must be checked before relying on backing up? Advance one bounded segment toward the outcome.
- Log: Which observation links fielder awareness to first-call responsibility, and what remains uncertain? Log interruption, error or uncertainty when it occurs.
- Resume: What alternative explanation could account for both soft-gap choice and turning technique? Resume from evidence rather than memory alone.
- Edition success means: finish a session with fewer avoidable misunderstandings

## Readiness and Workload Log

This format is designed to record preparation, effort, rest and discomfort without giving medical advice. For strike rotation, apply the method in a deliberate sequence: warm up progressively, stop for warning signs and seek qualified help when needed. The edition target is communicate as a team, so each entry should show what was noticed, what was tried and what changed.

| Working step                     | What to record                                                                                      | Evidence or source       | Status         |
|----------------------------------|-----------------------------------------------------------------------------------------------------|--------------------------|----------------|
| Mark Turning Technique           | Which evidence separates turning technique from fielder awareness in this case?                     | Checkpoint / date        | Open / checked |
| Preserve Fielder Awareness       | How does abort decision change the interpretation of soft-gap choice?                               | Context record / date    | Open / checked |
| Advance Abort Decision           | What boundary on first-call responsibility must be checked before relying on backing up?            | Completed segment / date | Open / checked |
| Log Soft-Gap Choice              | Which observation links fielder awareness to first-call responsibility, and what remains uncertain? | Continuity note / date   | Open / checked |
| Resume First-Call Responsibility | What alternative explanation could account for both soft-gap choice and turning technique?          | Restart point / date     | Open / checked |
| Verify Backing Up                | What next check on backing up would make the record about abort decision more useful?               | Chain review / date      | Open / checked |

### Completion Standard

- Keep the work tied to strike rotation, not to a vague general intention.
- Apply this adjustment: agree roles and words before the drill
- Could another person reconstruct the sequence and continue without guessing?
- Expose this outcome risk if it appears: context is lost.
- Use original notes and explanations; quote only when necessary, lawful and properly attributed.
- Ask a qualified coach, safeguarding lead or health professional to challenge one material assumption where appropriate.
- Close with one decision and one follow-up rather than an unranked list of ideas.

### Working Note

Edition CRIC-07-08-07 pairs readiness and workload log with the outcome 'Communicate as a Team'. That pairing is the boundary for this workbook: material that does not help that outcome belongs in a separate record.

## Comparison x Continuity Focused Practice Lab

This lab pairs a comparison method with a continuity outcome lens. Work through the six actions to turn the subject focus - turn controlled contact and partner awareness into lower-risk singles - into evidence for communicate as a team. Preserve any gap that prevents a supported conclusion.

| # | Action                                 | Constraint                                                                                                                                                 | Record                         |
|---|----------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|
| 1 | Align / Mark first-call responsibility | Which evidence separates turning technique from fielder awareness in this case? Mark a checkpoint that another person can recognise.                       | Cases / Checkpoint             |
| 2 | Compare / Preserve backing up          | How does abort decision change the interpretation of soft-gap choice? Preserve the context needed to interpret later work.                                 | Alignment / Context record     |
| 3 | Detect / Advance turning technique     | What boundary on first-call responsibility must be checked before relying on backing up? Advance one bounded segment toward the outcome.                   | Difference / Completed segment |
| 4 | Explain / Log fielder awareness        | Which observation links fielder awareness to first-call responsibility, and what remains uncertain? Log interruption, error or uncertainty when it occurs. | Explanation / Continuity note  |
| 5 | Judge / Resume abort decision          | What alternative explanation could account for both soft-gap choice and turning technique? Resume from evidence rather than memory alone.                  | Judgement / Restart point      |
| 6 | Document / Verify soft-gap choice      | What next check on backing up would make the record about abort decision more useful? Verify that the chain remains complete and understandable.           | Decision / Chain review        |

### Common Failure Modes

- For first-call responsibility, watch for the cases answer different questions together with the checkpoint is vague.
- For backing up, watch for units or dates do not align together with context is lost.
- For turning technique, watch for a difference is hidden by an average together with the segment has no completion rule.
- For fielder awareness, watch for the explanation lacks evidence together with an interruption goes unrecorded.
- For abort decision, watch for fitness criteria change together with work resumes from a guess.

### Independent Review Question

Format question: Are the two cases comparable enough to support the stated choice? Outcome question: Could another person reconstruct the sequence and continue without guessing? Ask a qualified coach, safeguarding lead or health professional where appropriate, then answer before the next practice block: \_\_\_\_\_

## Cricket Practice Plan for Communicate as a Team

Use one defined practice block to test the outcome rather than attempting every possible task. This edition pairs comparison with continuity to pursue this objective: make calls and feedback short, early and respectful. Preserve the starting condition and both evidence trails.

| Plan field               | Entry                                  |
|--------------------------|----------------------------------------|
| Purpose                  | Communicate as a Team                  |
| Starting condition       | _____                                  |
| Chosen working area      | _____                                  |
| Continuity note          | agree roles and words before the drill |
| Evidence to capture      | _____                                  |
| Stop or review condition | _____                                  |

### Thirty Minute Practice Shape

| Stage     | Action                                                                                                                                     | Evidence                       |
|-----------|--------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|
| 0-5 min   | Which evidence separates turning technique from fielder awareness in this case? Define the two cases and shared question.                  | Cases / Checkpoint             |
| 5-10 min  | How does abort decision change the interpretation of soft-gap choice? Align units, dates and conditions.                                   | Alignment / Context record     |
| 10-18 min | What boundary on first-call responsibility must be checked before relying on backing up? Record meaningful differences.                    | Difference / Completed segment |
| 18-24 min | Which observation links fielder awareness to first-call responsibility, and what remains uncertain? Investigate the likeliest explanation. | Explanation / Continuity note  |
| 24-27 min | What alternative explanation could account for both soft-gap choice and turning technique? Judge fitness for the intended use.             | Judgement / Restart point      |
| 27-30 min | What next check on backing up would make the record about abort decision more useful? Document the choice and limitation.                  | Decision / Chain review        |

### Comparison Case Log

| Comparis on Case | Condition      | Observation | Decision              |
|------------------|----------------|-------------|-----------------------|
| 1                | Same / changed | _____       | Keep / change / check |
| 2                | Same / changed | _____       | Keep / change / check |
| 3                | Same / changed | _____       | Keep / change / check |
| 4                | Same / changed | _____       | Keep / change / check |
| 5                | Same / changed | _____       | Keep / change / check |

## Controlled Case Comparison - Continuity Lens

This comparison tests strike rotation against communicate as a team through two independent questions. Format: Are the two cases comparable enough to support the stated choice? Outcome: Could another person reconstruct the sequence and continue without guessing? Record material setting differences instead of averaging them away.

| Evidence area             | Baseline | Alternative | Interpretation prompt                                                                               |
|---------------------------|----------|-------------|-----------------------------------------------------------------------------------------------------|
| Backing Up                | _____    | _____       | Which evidence separates turning technique from fielder awareness in this case?                     |
| Turning Technique         | _____    | _____       | How does abort decision change the interpretation of soft-gap choice?                               |
| Fielder Awareness         | _____    | _____       | What boundary on first-call responsibility must be checked before relying on backing up?            |
| Abort Decision            | _____    | _____       | Which observation links fielder awareness to first-call responsibility, and what remains uncertain? |
| Soft-Gap Choice           | _____    | _____       | What alternative explanation could account for both soft-gap choice and turning technique?          |
| First-Call Responsibility | _____    | _____       | What next check on backing up would make the record about abort decision more useful?               |

### Format Decision Test

| Field                          | Record                                                                       |
|--------------------------------|------------------------------------------------------------------------------|
| Review question                | Are the two cases comparable enough to support the stated choice?            |
| Outcome question               | Could another person reconstruct the sequence and continue without guessing? |
| Acceptance lens                | finish a session with fewer avoidable misunderstandings                      |
| Conditions held steady         | _____                                                                        |
| Evidence supporting the choice | _____                                                                        |
| Evidence against the choice    | _____                                                                        |

### Comparison Confidence Check

- Checkpoint: what was actually seen, heard, measured or read?
- Format evidence: which record best demonstrates conditions aligned?
- Outcome evidence: which record best demonstrates contexts preserved?
- Challenge: could the segment has no completion rule explain the result?
- Subject boundary: what does this comparison leave unresolved about turning technique?

## Comparison x Continuity Scenario Cards

Use these paired scenarios to rehearse judgement for communicate as a team. Each card joins a comparison failure mode to an outcome-specific risk. State what remains open and which evidence named in the final column should be collected next.

| # | Situation                                                       | Review question                                                                                     | Decision          |
|---|-----------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|-------------------|
| 1 | Turning Technique: units or dates do not align.                 | Which evidence separates turning technique from fielder awareness in this case?                     | Checkpoint        |
| 2 | Fielder Awareness: a difference is hidden by an average.        | How does abort decision change the interpretation of soft-gap choice?                               | Context record    |
| 3 | Abort Decision: the explanation lacks evidence.                 | What boundary on first-call responsibility must be checked before relying on backing up?            | Completed segment |
| 4 | Soft-Gap Choice: fitness criteria change.                       | Which observation links fielder awareness to first-call responsibility, and what remains uncertain? | Continuity note   |
| 5 | First-Call Responsibility: the losing option is not documented. | What alternative explanation could account for both soft-gap choice and turning technique?          | Restart point     |
| 6 | Backing Up: the cases answer different questions.               | What next check on backing up would make the record about abort decision more useful?               | Chain review      |

### Decision Record

| Field                  | Notes                                                                        |
|------------------------|------------------------------------------------------------------------------|
| Chosen format scenario | _____                                                                        |
| Outcome lens           | Could another person reconstruct the sequence and continue without guessing? |
| Evidence available     | _____                                                                        |
| Evidence missing       | _____                                                                        |
| Controlled next step   | _____                                                                        |
| Person / review date   | _____                                                                        |

## Eight Comparison and Continuity Evidence Tracker

Track communicate as a team across eight practice blocks using the comparison method and the continuity outcome lens. Keep conditions visible and use this review question: Could another person reconstruct the sequence and continue without guessing?

| # | Focus                     | Condition | Result | Next action |
|---|---------------------------|-----------|--------|-------------|
| 1 | Turning Technique         | _____     | _____  | _____       |
| 2 | Fielder Awareness         | _____     | _____  | _____       |
| 3 | Abort Decision            | _____     | _____  | _____       |
| 4 | Soft-Gap Choice           | _____     | _____  | _____       |
| 5 | First-Call Responsibility | _____     | _____  | _____       |
| 6 | Backing Up                | _____     | _____  | _____       |
| 7 | Turning Technique         | _____     | _____  | _____       |
| 8 | Fielder Awareness         | _____     | _____  | _____       |

### Comparison Evidence Dashboard

| Measure                                                            | Baseline | Current | Evidence location |
|--------------------------------------------------------------------|----------|---------|-------------------|
| Soft-Gap Choice: Cases Defined / Checkpoints Marked                | _____    | _____   | _____             |
| First-Call Responsibility: Conditions Aligned / Contexts Preserved | _____    | _____   | _____             |
| Backing Up: Differences Recorded / Segments Completed              | _____    | _____   | _____             |
| Turning Technique: Explanations Tested / Interruptions Logged      | _____    | _____   | _____             |
| Fielder Awareness: Criteria Applied / Restarts Evidenced           | _____    | _____   | _____             |
| Abort Decision: Choices Documented / Chains Verified               | _____    | _____   | _____             |

### Interpret the Trend

- I left a checkpoint that is meaningful without relying on memory.
- I preserved interruptions and unresolved gaps as part of the record.
- Keep the method only when the evidence for communicate as a team improves without hiding the segment has no completion rule.
- How does abort decision change the interpretation of soft-gap choice?
- Use a qualified coach, safeguarding lead or health professional when the evidence crosses a safety, rights, health or authority boundary.

## Comparison x Continuity Next Step Plan

Finish by turning the paired format and outcome record into one owned action. For this readiness and workload log, the intended result was communicate as a team; the outcome test is: Could another person reconstruct the sequence and continue without guessing? The close-out standard remains: finish a session with fewer avoidable misunderstandings.

| Close-out field      | Record                             |
|----------------------|------------------------------------|
| Most useful evidence | _____                              |
| Important limitation | _____                              |
| Decision             | Keep / adapt / pause / seek review |
| Next action          | _____                              |
| Owner and date       | _____                              |
| Evidence location    | _____                              |

### Completion Review

- Subject check: Which evidence separates turning technique from fielder awareness in this case?
- Subject check: How does abort decision change the interpretation of soft-gap choice?
- Format check: I documented why the unselected option was not preferred.
- Outcome check: I preserved interruptions and unresolved gaps as part of the record.
- I used a progressive warm-up and did not ignore pain, unsafe surfaces, heat or fatigue.
- I kept the drill generic and did not imply affiliation with a player, team, league or governing body.

### Originality and Responsible Use

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